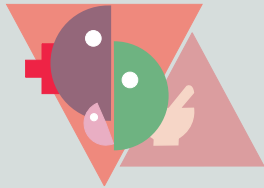


INTERNATIONAL CONGRESS



## CUTTING EDGE 2009 - Bangalore

*From confusions to clarity*

Dates: **30th & 31st May, 2009**

Venue: **Atria Hotel, 1, Palace Road, Bangalore**

Hosted by:





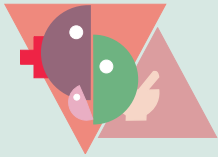
## **CUTTING EDGE 2007 - Bangalore**

*Weaving Research into Clinical Practice*



## **CUTTING EDGE 2008 - Coimbatore**

*Practice pathways - in high risk pregnancy and infertility*



## **CUTTING EDGE 2009 - Bangalore**

*From confusions to clarity*

Dear Dr.,

You are welcome to a fascinating mix of research woven into experience of day to day clinical practice@Cutting Edge 2009.

The cutting edge technological innovations, the rigorous research translating into clinical practices, sharing views and experiences will be the highlights. The deliberations, High Risk Pregnancy and Infertility will be running in parallel halls.

**Theme –**

*“...from confusions to clarity”*

**Dates: 30th & 31st May, 2009**

**At: The Atria Hotel, 1, Palace Road, Bangalore, India**

We are making our best efforts to make sure that Cutting Edge 2009 becomes a memorable experience for you.

We look forward to your presence and active participation.

**Dr. Hema Divakar**

Scientific Director

Dr. G.V. Divakar

Convener

**Dr. Madhuri Patil**

Scientific Director

Dr. Milind Patil

Convener



*“We see things not as they are but as we are”*

*John Milton*



# Invited International Faculty

## Invited International Faculty

### **UK**

Dr. Isaac Manyonda  
Professor Siladitya Bhattacharya  
Dr. Umesh Acharya

### **USA**

Dr. Brian Pereira  
Dr. Harshad Sanghvi

### **Israel**

Dr. Ariel Revel  
Dr. Ronit ABER

### **Srilanka**

Dr. Rohana Hatatuwa

### **Australia**

Dr. Rajat Gyaneshwar

### ***Scientific Directors***

**Dr. Hema Divakar**  
**Dr. Madhuri Patil**

### ***Co-ordinator***

**Dr. Chitra Ganesh**

### ***Conveners***

**Dr. G. V. Divakar**  
**Dr. Milind Patil**

### ***Scientific Advisor***

**Dr. Isaac Manyonda**



**CUTTING EDGE 2009 - Bangalore**

*From confusions to clarity*

# Day I - 30th May

## Hall A

### 30th May, 2009 - High Risk Pregnancy

.....*from Confusions to Clarity*

**9.00 a.m. – 9.40 a.m.**

**Keynote- "Adding wisdom to knowledge"**

**10.00 a.m. – 1.00 p.m. - Post Coffee**

**Session one - Prescribing in pregnancy**

1. Metformin in early pregnancy and thereafter ?
2. Aspirin – all the time for everyone ?

**Session Two - investigations Which ones & Why?**

1. TORCH - still most commonly done !!
2. Thrombophilia profile – Do we understand this ?

**Panel Discussion:**

Infections in pregnancy – the right answers?

**2.00 p.m. – 5.00 p.m.**

**Session Three - Short Cervix**

1. How short is short ?
2. Progesterone or Cerclage ?

**Session Four - Fresh Thinking**

1. Parenteral iron for eradicating anemia?
2. Unfractionated Heparin in RPL?
3. Calcium for PIH prevention?

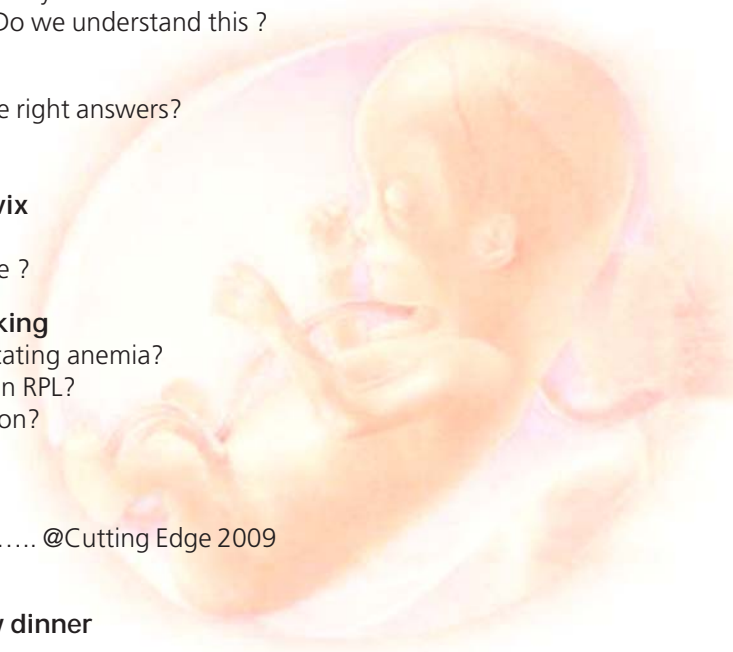
**Panel Discussion:**

PPH – Still a nightmare ??

Learn more..... @Cutting Edge 2009

**6.15 p.m.**

**Inauguration followed by dinner**



# Day 2 - 31st May

## Hall A

### 31st May, 2009 – High Risk Pregnancy

.....*from Confusions to Clarity*

**9.00 – 9.40 am**

**Keynote- “Technological advances – a challenge “**

**10.00 am – 1.00 pm Post Coffee**

**Session one - Clinician's dilemmas**

1. Making a choice- double/triple/quadruple markers?
2. Soft markers – likelihood and risk calculations ?

**Session Two – The Fetus**

1. Monitoring fetal growth – how and how often ?
2. Ensuring Fetal Well-being at term – obstetrician's distress

**Panel Discussion:**

Obstetric USG - The best way to terrify a pregnant woman?

**2.00 pm – 4.00 pm**

**Session three - Diabetes in pregnancy**

Can You:

- Do a One step test for screening and diagnosis?
- Use Glyburamide and do away with insulin?
- Regulate body weight and improve outcomes?
- Predict who would be destined to develop type II diabetes?

**Case Discussion:**

Multispeciality management – agree to disagree?





**CUTTING EDGE 2009 - Bangalore**

*From confusions to clarity*

# Day I - 30th May

## Hall B

### 30th May, 2009 - Infertility and ART

**9.00 a.m. - 9.40 a.m.**

**Key Note Address:** Effective treatment of infertility: evidence, intuition and financial reality

**10.00 a.m. to 11.30 a.m. Post Coffee**

#### **Session 1 - Prescribing in Infertility Management**

1. Mild/Modified Natural Cycle IVF - That is the future of IVF!
2. Do we need the addition of luteinizing hormone (LH) for ovarian stimulation?
3. Ideal COS protocol in ART for women above 37 yrs of age
4. Should we routinely support the luteal phase with progesterone, aspirin or estradiol and many more ——— ?

**11.30 p.m. - 1.00 p.m.**

#### **Session 2 – PCOS**

1. Insulin Resistance, the metabolic syndrome and PCOS
2. Treating Anovulatory PCOS Patient; What should be the First Choice - Ovulation induction, Ovarian Drilling or IVM
3. Where do insulin sensitizing and lowering drugs fit in?
4. Use of GnRh antagonist in PCOS – current status

**2.00 p.m. - 2.45 p.m.**

**Key Note Address:** Metabolomics to select the best embryos for replacement

**2.45 p.m. – 4.00 p.m.**

#### **Session 3 – Newer Technologies in ART**

1. Optimizing the outcome of cryopreservation programs in ART - Is vitrification ready to replace slow-freezing technique ?
2. Is PGD still an experimental procedure that needs clinical and ethical refinement?
3. IVM - will it ever replace standard IVF?
4. Role of sperm DNA fragmentation and sperm maturity index in management of infertility and recurrent pregnancy loss

**4.00 p.m. – 5.00 p.m.**

**Panel Discussion:** Should we omit all treatments and move directly to IVF

# Day 2 - 31st May

## Hall B

### 31st May, 2009 - Infertility and ART

**9.00 a.m. - 9.40 a.m.**

**Key Note Address:** Malignancies in young women and fertility preservation

**10.00 a.m. - 11.30 a.m. Post Coffee:**

#### **Session 4 – Increasing pregnancies**

1. Unexplained infertility - What should be the first-line treatment - Superovulation and IUI or IVF or ICSI?
2. Gonadotrophins dosage: Low or Regular?
3. COH and Endometrial receptivity
4. Why did the antagonist not replace the agonist?

**11.15 a.m. -12.00 noon**

**Key Note Address:** The impact of age on the diagnosis and treatment of infertility

**12.00 noon – 1.00 p.m.**

#### **Session 5 – Endometriosis and Endoscopy**

1. Endometriosis: Surgery or IVF?
2. Endometrioma - should this be managed / controlled before IVF?
3. Diagnostic Laparoscopy/Hysteroscopy before IVF - Is it required?

**2.00 p.m. – 3.00 p.m.**

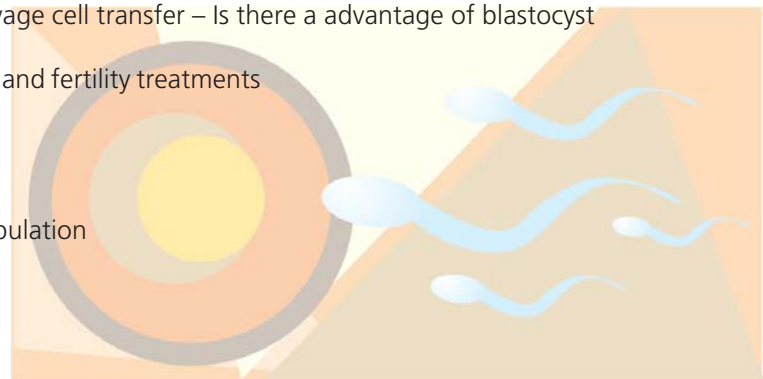
#### **Session 6 – Controversies**

1. Blastocyst versus cleavage cell transfer – Is there a advantage of blastocyst transfer?
2. HIV discordant couple and fertility treatments
3. Surrogacy - when?

**3.00 p.m. – 4.00 p.m.**

#### **Panel Discussion:**

Screening the infertile population





## CUTTING EDGE 2009 - Bangalore

*From confusions to clarity*

### Inaugural Address/Felicitations

6.15 p.m., 30th May Hall A

Inaugural Address: Dr. Praveen Mahtre

Felicitations to: Dr. Vijaya, Tanjavoor

Keynote Address: Dr. Isaac Manyonda, Dr. Usha Krishna, Dr. Pankaj Desai,  
Dr. Ariel Revel, Dr. Ronit ABER, Professor Siladitya Bhattacharya,  
Dr. Umesh Acharya

Panel and Case Discussions lead by:

Sanjay Gupte / Uday Thanawalla / Gita Arjun / Evita Fernandez / S. Suresh /  
Sadhana Desai / Duru Shah / S. Gunsheela / Kamini Rao

### Capsules on Confusions and Clarity (C&C)

#### \* Preconceptional Folic Acid

\*Routine antenatal Thyroid screening

#### \*Antenatal Anti D Prophylaxis

\*Oxytocin/Misopristol

\*Antenatal Steroids for Pulmonary Maturity

#### \*Algorithm Eclampsia

\*Algorithm Ectopic

\*Forceps/Vacuum

\*Monitoring Ovulation Induction cycles

\*Semen Analysis – Basic Test in Infertility

\*Minimum postwash count for IUI

\*Recombinant Gonadotrophins versus Urinary Gonadotrophins for OI



# The George's –Bangalore Courses - August 2009

## MRCOG Part II Examination

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### Faculty from London

Department of Obstetrics & Gynaecology, St.George's Hospital

Dr. Isaac Manyonda, MRCOG – Consultant, St.George's, UK

Dr. Vivek Nama, MRCOG, UK

Dr. Rohan D'Souza, MRCOG, UK

Dr. Mahanthesh, MRCOG, UK

### Course Co-ordinator

Dr. Hema Divakar, Bangalore, India.

### Dates:

**August 5th to 8th 2009**

For more details on course fee, venue etc..., contact

Dr. Hema Divakar

[hemadivakar246@hotmail.com](mailto:hemadivakar246@hotmail.com)

Tel: 09844046724 - Dr. Divakar

Or visit

[www.asiantraining.org](http://www.asiantraining.org)

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# Congress Expenses

## Congress Expenses

### Conference

Postgraduate Students – Both days – Rs.1000/-

Consultants – Both days – Rs.2000/-

One Day Congress Registration – Rs.1000/-

After 1st May – Both days – Rs.2500/-

Spot Registration – Per day – Rs.1500/-

- Accommodation costs not included.

### For further information

Dr. Madhuri Patil - email: drmadhurip@rediffmail.com

Dr. Hema Divakar - email: hemadivakar246@hotmail.com

### Task Force

**Co-ordinator**

**Dr Chitra Ganesh**

**Enquiries**

**Dr. Rajasundar T S**

**09900439688**

**Abstracts**

**Dr. Pratima Hosmani**

**09886595231**

**Audio Visuals**

**Elanchezhiyan V J**

**Stall Exhibits**

**Nitin J Chandere**

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# Registration Form

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Meal Preference  Veg  Non Veg

## Young Scientist's Research Award

(Send Abstract of thesis or original work - 200 words - **before 1st April**) through email to [hemadivakar246@hotmail.com](mailto:hemadivakar246@hotmail.com)

**Themes - High Risk Pregnancy/Infertility**

**Cheques or DDs in favour of CUTTING EDGE 2009  
Outstation Delegates, Cheques at par or DDs only.**

Amount Rs : \_\_\_\_\_ enclosed for

Congress - Both days

Congress - One day

Postgraduate - Congress - Both days

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JP Nagar, Bangalore  
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Tel. 41209550 / 660

# National Faculty

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Adarsh Bhargava	Hema Divakar	Manish Banker	S. Suresh
Alka Kriplani	Hrishekesh Pai	Milind Patil	Sadhana Desai
Ambarish Bhindiwad	Indrani Suresh	Miridhubhasini Govindrajan	Sanjay Gupte
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B.S. Rama Murthy	Jyotika Desai	Nozer Sheriar	Shyam Desai
Bharati Rajshekar	Jyotsna Madan	Padmarekha Jirge	Sita Bhateja
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Durgadas	Latha Natrajan	Prakash Mehta	Uday Thanawalla
Duru Shah	Latha Venkatram	Praveen Mahtre	Usha Krishna
Evita Fernandez	Laxmi Shrikhande	Preiti Venkatesh	Vidya Bhat
Gayatri Kamat	Madhuri Patil	Rishma Pai	
Girija Wagh	Mala Arora	Rita Biliangady	
Hara Patnaik	Malathi Rao	Ritu Joshi	