

A  
B  
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E

INTERNATIONAL CONGRESS



INVITES YOUR PARTICIPATION

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**CUTTING EDGE 2012**  
**INTERNATIONAL CONGRESS ON WOMEN'S HEALTHCARE**  
**BENGALURU**

May 26th & 27th 2012  
Hotel Atria, Palace Road  
Bengaluru

**FRESH THINKING CAN MAKE A DIFFERENCE!**  
**Translating Evidence to Action!**



## CUTTING EDGE 2012

Translating Evidence to Action!

### INVITATION

Dear friends ,

You will often hear clinicians say “We are like this only!!!!”

We agree that “We are What we are” and also acknowledge that everybody is only trying to do the best possible in the existing system of healthcare delivery in INDIA .

At CUTTING EDGE 2012 you will have an opportunity to trash out What’s being done / What’s correct/ What is feasible .... . INNOVATE & IMPLEMENT & Bring forth the EVIDENCE!

THINK FRESH! THINK NEW!

### FRESH THINKING CAN MAKE A DIFFERENCE!

*Translating Evidence to Action!*

### That’s the THEME FOR 2012

We are well aware that the problems related to women’s health in India are escalating at a rapid pace and we cannot lose more time. It is time for this theme and dream to become a reality – Let us **translate the available Evidence into Action.**

There is no doubt that we will steadily move towards setting the best practice protocols.

We believe that *“A Good plan implemented today is better than a Perfect plan implemented tomorrow”*

**and The difference between “What we do and What we could do” - will change the face of women’s healthcare in India for the better!**

Learn more @ CUTTING EDGE 2012 on Indian Evidence in Indian Practice

And about the Do’s and Don’ts that will make a difference!

CUTTING EDGE 2012 awaits your participation.

Warm regards,



Hema Divakar  
CEO & Chairman



Isaac T. Manyonda  
Scientific Director



G.V. Divakar



Madhuri Patil  
Convenors



Milind Patil

# INVITED INTERNATIONAL FACULTY



**Mr. Isaac T Manyonda, BSc, PhD, MRCOG**  
Consultant in Obstetrics & Gynaecology, St George's Hospital  
NHS Trust  
Reader in Obstetrics & Gynaecology, St George's Hospital  
Medical School, London

**Prof. Isaac Blickstein, MD**  
Obstetrics and Gynecology, Kaplan Medical Center, Rehovot  
The Hadassah-Hebrew University School of Medicine,  
Jerusalem, Israel

**Kallol Chaudary USA**  
Photo designation

**Harshad Sanghvi USA**  
Photo with designation

**Mandeep Singh UK**  
Photo with designation

# THOUGHT LEADERS FROM INDIA

Drs Gita Arjun  
Evita Fernandez  
V P Paily  
Sanjay Gupte  
Bhaskar Pal  
Usha Sariya  
Uday Thanawala  
Mala Arora

*The ancestor of every action is a thought ~ Ralph Waldo Emerson*

**TEAM BENGALURU – Scientific  
session incharge**  
Drs Arul Mozhi Ramarajan  
Vidya V. Bhat  
Parimala Devi  
Susheela Rani  
Sheela Mane  
Jyotika Desai  
Shoba Gudi



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## SCIENTIFIC PROGRAMME

Saturday, May 26th 2012

### Session A 9.00 am to 10.30 am Anemia Eradication

Co-ordinated by – Dr Arulmozhi

9.00 am to 9.40 am

**Presentations by Youth leaders - 7 mins each**

Evidence from Indian studies & Fresh thinking

#### Use of IV iron sucrose

- (a) Impact of Postpartum use – opportunity well utilized!
- (b) Rapid Push Vs Slow infusion – how safe and effective?

#### Use of new drugs

- (c) Iron+ folic acid + vit D + B12 – will this cocktail work better?
- (d) Ferric carboxymutol – the final answer for safe total dose?

DISCUSSION – 20 mins

10.00 to 10.30 am

#### KEY NOTE: SAVE GEN NEXT

Neonatal Impact of gestational anaemia – what an obstetrician should know

COFFEE

### Session B 11.00 – 1.00 pm Expanding use of Contraception

Co-ordinated by Dr Vidya V. Bhat

11.00 – 11.40 am

**Presentations by Youth leaders - 7 mins each**

#### Challenges & opportunities in India

- (a) Revisiting Post placental IUCD - can it make a difference?
- (b) Expanding the use of newer COCs - can we dispel the myths?
- (c) NUVARING - Acceptability of by women in India ?

DISCUSSION – 20 mins

12 .00 – 1.00 pm

**PANEL DISCUSSION – UNSAFE ABORTION – Reality Bytes!!!**

Case discussions



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### Session C 2.00 – 3.00 pm Emerging solutions for emergency obstetric care

Co-ordinated by Dr Sheela Mane  
2.00 - 2.40 pm

#### FRESH THINKING - presentations by Youth leaders 7 mins each

- (a) Eclampsia – new regimens for Mag Sulph – the need?
- (b) Labour monitoring - with paperless partogram – more user friendly?

Discussion - 20 mins

### Session D 3.00 to 4.30 pm Video presentation – surgical skills

Paying attention to details  
Myomectomy at C-section  
Obstetric Hysterectomy  
Tackling bleeding at C-section

*Every little thing counts in a crisis ~ Jawaharlal Nehru*

**POSTER PRESENTATION @ CUTTING EDGE 2012**  
is a wonderful opportunity to showcase and share your work

#### Themes for Posters

**A** Anemia Eradication  
**B** Building Contraceptive Choices  
**C** Cancer Cervix: Kill it before it kills you  
**D** Diabetes: India to become GDM Capital?  
**E** Emergency Obstetric Care



**Opportunities are like sunrises – if you wait too long .....you will miss them!**



**Sunday, May 27th 2012**

**Session A 9.00 am to 10.30 am Cancer cervix and HPV vaccine ...**

Session incharge: Dr Parimala Devi

**9.00 - 10.30 am**

**Role play – counseling for vaccine – 5 mins**

**Indian data on knowledge attitudes and practice- 5 mins**

What works for us????

Screening and vaccination Strategies for India

**9.30 -10.30 am - Panel Discussion**

**Use of HPV vaccines - A NEW POTENTIAL to reduce the burden**

**Do we need more evidence?**

Discussion

Coffee

**Session B 11.00 – 1.00 pm Tackling the tsunami of Diabetes**

Session incharge : Dr Susheela Rani

11.00 – 11.40 am

**Presentations by Youth leaders - 7 mins each**

**Evidence for – GOOD ENOUGH CAN BE GREAT!**

- (a) Single Step test – for screening and diagnosis?
- (b) Oral hypoglycemic agents- best suited for rural India?
- (c) Obesity magnifies problems – lifestyle/ medications/surgery?

Discussion

**12.00 to 12.30 pm**

**Fresh thinking - Forward thinking**

Tracking the PCOS GDM link – evidence to prevent pre-diabetes?

Long term follow up - do all GDMs get converted to Type 2 diabetes?

**Panel Discussion 12.30 to 1.30**

**Modern management of GDM**

*When it is obvious that the goals cannot be reached, don't adjust the goals,  
adjust the action steps ~ Confucius*



**CUTTING EDGE 2012**  
Translating Evidence to Action!

**KNOWLEDGE CAFÉ**



*needs to*  
A lot ~~can~~ happen over coffee!

**Sunday, May 27th 2012**

**Knowledge Cafe sessions –Parallel Halls**  
**2.00 – 4.00 pm**

### HALL ONE

#### **Knowledge Cafe Session One**

**USG and minor markers – what next?**

Session incharge – Jyotika Desai

Session lead by Mandeep Singh

#### **Knowledge Cafe Session Two**

**Anaesthetic risk management – are we cautious enough?**

Session incharge :Dr Shoba Gudi

Session lead by Kollal Chaudary (USA)

### HALL TWO

#### **Knowledge Cafe Session Three**

**Time to consider ..... Single embryo transfer**

Session incharge : Dr Milind Patil

Session lead by Dr Isaac Blickstein (Israel)

#### **Knowledge Cafe Session Four**

**Time to reconsider ..... Reasons for Implantation failures**

Session incharge : Dr Madhuri Patil

Session lead by Dr Isaac Manyonda (UK)





Conferences Organised by



ASIAN RESEARCH & TRAINING INSTITUTE for SKILL TRANSFER



**CUTTING EDGE 2007 - Bangalore**  
*Research, Research and Clinical Practice*



**CUTTING EDGE 2008 - Coimbatore**  
*Practice pathways - In high risk pregnancy and infertility*



**CUTTING EDGE 2009 - Bangalore**  
*From confusions to clarity*



**CUTTING EDGE 2010**  
*Attitudes & Practices in India - Reality Bytes!*



**CUTTING EDGE 2011**  
*The Science of ART  
Leading you from dilemmas to decision making...*

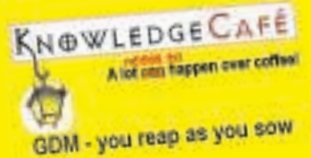
And now!



**CUTTING EDGE 2012**  
*Translating Evidence to Action!*



**KNOWLEDGE CAFE**  
*because so many things happen over coffee!*  
Anemia - from Pale to pink



**KNOWLEDGE CAFE**  
*because so many things happen over coffee!*  
GDM - you reap as you sow



**KNOWLEDGE CAFE**  
*because so many things happen over coffee!*  
PPROM - Anxieties in conserving



**KNOWLEDGE CAFE**  
*because so many things happen over coffee!*  
RPL - Cocktail Therapy